

2019 NORTH EAST REGION YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 601 middle school students in North East Region during February of 2019. Frequency distributions may not total 601 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	10 years old or younger	0	0.00%
B.	11 years old	1	0.17%
C.	12 years old	95	15.81%
D.	13 years old	270	44.93%
E.	14 years old	213	35.44%
F.	15 years old	21	3.49%
G.	16 years old or older	1	0.17%
	TOTALS	601	100.00%
Q-2. What is your sex?			
A.	Female	296	49.92%
B.	Male	297	50.08%
	TOTALS	593	100.00%
Q-3. In what grade are you?			
A.	7th grade	263	44.28%
B.	8th grade	331	55.72%
	TOTALS	594	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	57	9.68%
B.	No	532	90.32%
	TOTALS	589	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	232	35.69%
B.	Asian	16	2.46%
C.	Black or African American	15	2.31%
D.	Native Hawaiian or Other Pacific Islander	19	2.92%
E.	White	368	56.62%
	TOTALS	650	100.00%
Q-6. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	19	3.18%
B.	Rarely	40	6.70%
C.	Sometimes	132	22.11%
D.	Most of the time	241	40.37%
E.	Always	165	27.64%
	TOTALS	597	100.00%

Q-7. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	338	56.81%
B.	Never	15	2.52%
C.	Rarely	18	3.03%
D.	Sometimes	28	4.71%
E.	Most of the time	51	8.57%
F.	Always	145	24.37%
TOTALS		595	100.00%

Q-8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	480	80.94%
B.	1 time	35	5.90%
C.	2 or 3 times	34	5.73%
D.	4 or 5 times	13	2.19%
E.	6 or more times	31	5.23%
TOTALS		593	100.00%

Q-9. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?			
A.	0 days	485	81.10%
B.	1 day	29	4.85%
C.	2 or 3 days	38	6.35%
D.	4 or 5 days	9	1.51%
E.	6 or more days	37	6.19%
TOTALS		598	100.00%

Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	575	95.83%
B.	1 day	11	1.83%
C.	2 or 3 days	3	0.50%
D.	4 or 5 days	4	0.67%
E.	6 or more days	7	1.17%
TOTALS		600	100.00%

Q-11. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	540	90.15%
B.	1 day	19	3.17%
C.	2 or 3 days	12	2.00%
D.	4 or 5 days	5	0.83%
E.	6 or more days	23	3.84%
TOTALS		599	100.00%

Q-12. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

A.	0 days	519	86.64%
B.	1 day	48	8.01%
C.	2 or 3 days	21	3.51%
D.	4 or 5 days	5	0.83%
E.	6 or more days	6	1.00%
TOTALS		599	100.00%

Q-13. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

A.	0 times	549	91.65%
B.	1 time	26	4.34%
C.	2 or 3 times	15	2.50%
D.	4 or 5 times	3	0.50%
E.	6 or 7 times	1	0.17%
F.	8 or 9 times	2	0.33%
G.	10 or 11 times	1	0.17%
H.	12 or more times	2	0.33%
TOTALS		599	100.00%

Q-14. During the past 12 months, how many times were you in a physical fight?

A.	0 times	377	63.36%
B.	1 time	94	15.80%
C.	2 or 3 times	75	12.61%
D.	4 or 5 times	24	4.03%
E.	6 or 7 times	3	0.50%
F.	8 or 9 times	9	1.51%
G.	10 or 11 times	2	0.34%
H.	12 or more times	11	1.85%
TOTALS		595	100.00%

Q-15. During the past 12 months, how many times were you in a physical fight on school property?

A.	0 times	502	83.67%
B.	1 time	62	10.33%
C.	2 or 3 times	27	4.50%
D.	4 or 5 times	6	1.00%
E.	6 or 7 times	0	0.00%
F.	8 or 9 times	1	0.17%
G.	10 or 11 times	0	0.00%
H.	12 or more times	2	0.33%
TOTALS		600	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-16. Have you ever been physically forced to have sexual intercourse when you did not want to?			
A.	Yes	33	5.52%
B.	No	565	94.48%
TOTALS		598	100.00%

Q-17. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	0 times	552	92.77%
B.	1 time	30	5.04%
C.	2 or 3 times	7	1.18%
D.	4 or 5 times	2	0.34%
E.	6 or more times	4	0.67%
TOTALS		595	100.00%

Q-18. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)			
A.	I did not date or go out with anyone during the past 12 months	274	45.90%
B.	0 times	300	50.25%
C.	1 time	16	2.68%
D.	2 or 3 times	5	0.84%
E.	4 or 5 times	2	0.34%
F.	6 or more times	0	0.00%
TOTALS		597	100.00%

Q-19. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	268	44.82%
B.	0 times	308	51.51%
C.	1 time	14	2.34%
D.	2 or 3 times	4	0.67%
E.	4 or 5 times	1	0.17%
F.	6 or more times	3	0.50%
TOTALS		598	100.00%

Q-20. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	200	33.61%
B.	No	395	66.39%
TOTALS		595	100.00%

Q-21. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	145	24.17%
B.	No	455	75.83%
TOTALS		600	100.00%

Q-22. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	116	19.40%
B.	No	482	80.60%
TOTALS		598	100.00%

Q-23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	217	36.59%
B.	No	376	63.41%
TOTALS		593	100.00%
Q-24. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	131	21.91%
B.	No	467	78.09%
TOTALS		598	100.00%
Q-25. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	115	19.26%
B.	No	482	80.74%
TOTALS		597	100.00%
Q-26. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	482	81.01%
B.	1 time	81	13.61%
C.	2 or 3 times	20	3.36%
D.	4 or 5 times	6	1.01%
E.	6 or more times	6	1.01%
TOTALS		595	100.00%
Q-27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?			
A.	I did not attempt suicide during the past 12 months	453	75.63%
B.	Yes	29	4.84%
C.	No	117	19.53%
TOTALS		599	100.00%
Q-28. Have you ever tried cigarette smoking, even one or two puffs?			
A.	Yes	149	24.96%
B.	No	448	75.04%
TOTALS		597	100.00%
Q-29. How old were you when you first tried cigarette smoking, even one or two puffs?			
A.	I have never tried cigarette smoking, not even one or two puffs	449	75.59%
B.	8 years old or younger	29	4.88%
C.	9 or 10 years old	29	4.88%
D.	11 or 12 years old	51	8.59%
E.	13 or 14 years old	34	5.72%
F.	15 or 16 years old	1	0.17%
G.	17 years old or older	1	0.17%
TOTALS		594	100.00%

Q-30. During the past 30 days, on how many days did you smoke cigarettes?			
A.	0 days	566	94.18%
B.	1 or 2 days	15	2.50%
C.	3 to 5 days	6	1.00%
D.	6 to 9 days	2	0.33%
E.	10 to 19 days	6	1.00%
F.	20 to 29 days	1	0.17%
G.	All 30 days	5	0.83%
TOTALS		601	100.00%
Q-31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?			
A.	I did not smoke cigarettes during the past 30 days	561	93.81%
B.	Less than 1 cigarette per day	18	3.01%
C.	1 cigarette per day	8	1.34%
D.	2 to 5 cigarettes per day	10	1.67%
E.	6 to 10 cigarettes per day	1	0.17%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	0	0.00%
TOTALS		598	100.00%
Q-32. Have you ever used an electronic vapor product?			
A.	Yes	197	33.16%
B.	No	397	66.84%
TOTALS		594	100.00%
Q-33. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	485	80.97%
B.	1 or 2 days	66	11.02%
C.	3 to 5 days	21	3.51%
D.	6 to 9 days	10	1.67%
E.	10 to 19 days	8	1.34%
F.	20 to 29 days	3	0.50%
G.	All 30 days	6	1.00%
TOTALS		599	100.00%
Q-34. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	569	94.99%
B.	1 or 2 days	20	3.34%
C.	3 to 5 days	5	0.83%
D.	6 to 9 days	4	0.67%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	0	0.00%
TOTALS		599	100.00%

Q-35. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	475	80.24%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	5	0.84%
C.	I got them on the Internet	9	1.52%
D.	I gave someone else money to buy them for me	17	2.87%
E.	I borrowed them from someone else	57	9.63%
F.	A person who can legally buy these products gave them to me	9	1.52%
G.	I took them from a store or another person	1	0.17%
H.	I got them some other way	19	3.21%
TOTALS		592	100.00%

Q-36. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	417	70.08%
B.	Friend or family member used them	46	7.73%
C.	To try to quit using other tobacco products	9	1.51%
D.	They cost less than other tobacco products	5	0.84%
E.	They are easier to get than other tobacco products	2	0.34%
F.	They are less harmful than other forms of tobacco	6	1.01%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	18	3.03%
H.	I used them for some other reason	92	15.46%
TOTALS		595	100.00%

Q-37. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)			
A.	0 days	574	95.99%
B.	1 or 2 days	11	1.84%
C.	3 to 5 days	7	1.17%
D.	6 to 9 days	1	0.17%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	4	0.67%
TOTALS		598	100.00%

Q-38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?			
A.	0 days	574	96.47%
B.	1 or 2 days	11	1.85%
C.	3 to 5 days	8	1.34%
D.	6 to 9 days	0	0.00%
E.	10 to 19 days	1	0.17%
F.	20 to 29 days	0	0.00%
G.	All 30 days	1	0.17%
TOTALS		595	100.00%

Q-39. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	474 79.66%
B.	Yes	61 10.25%
C.	No	60 10.08%
TOTALS		595 100.00%
Q-40. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	380 63.97%
B.	8 years old or younger	38 6.40%
C.	9 or 10 years old	38 6.40%
D.	11 or 12 years old	74 12.46%
E.	13 or 14 years old	60 10.10%
F.	15 or 16 years old	4 0.67%
G.	17 years old or older	0 0.00%
TOTALS		594 100.00%
Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A.	0 days	492 82.69%
B.	1 or 2 days	65 10.92%
C.	3 to 5 days	23 3.87%
D.	6 to 9 days	6 1.01%
E.	10 to 19 days	6 1.01%
F.	20 to 29 days	2 0.34%
G.	All 30 days	1 0.17%
TOTALS		595 100.00%
Q-42. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?		
A.	0 days	543 90.50%
B.	1 day	24 4.00%
C.	2 days	13 2.17%
D.	3 to 5 days	13 2.17%
E.	6 to 9 days	2 0.33%
F.	10 to 19 days	3 0.50%
G.	20 or more days	2 0.33%
TOTALS		600 100.00%

Q-43. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	492	82.27%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1	0.17%
C.	I bought it at a restaurant, bar, or club	0	0.00%
D.	I bought it at a public event such as a concert or sporting event	0	0.00%
E.	I gave someone else money to buy it for me	19	3.18%
F.	Someone gave it to me	30	5.02%
G.	I took it from a store or family member	21	3.51%
H.	I got it some other way	35	5.85%
TOTALS		598	100.00%

Q-44. During your life, how many times have you used marijuana?			
A.	0 times	489	82.60%
B.	1 or 2 times	26	4.39%
C.	3 to 9 times	18	3.04%
D.	10 to 19 times	10	1.69%
E.	20 to 39 times	10	1.69%
F.	40 to 99 times	11	1.86%
G.	100 or more times	28	4.73%
TOTALS		592	100.00%

Q-45. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	491	82.11%
B.	8 years old or younger	14	2.34%
C.	9 or 10 years old	29	4.85%
D.	11 or 12 years old	36	6.02%
E.	13 or 14 years old	26	4.35%
F.	15 or 16 years old	2	0.33%
G.	17 years old or older	0	0.00%
TOTALS		598	100.00%

Q-46. During the past 30 days, how many times did you use marijuana?			
A.	0 times	539	90.74%
B.	1 or 2 times	15	2.53%
C.	3 to 9 times	17	2.86%
D.	10 to 19 times	5	0.84%
E.	20 to 39 times	5	0.84%
F.	40 or more times	13	2.19%
TOTALS		594	100.00%

Q-47. During your life, how many times have you used synthetic marijuana?			
A.	0 times	560	94.12%
B.	1 or 2 times	14	2.35%
C.	3 to 9 times	6	1.01%
D.	10 to 19 times	4	0.67%
E.	20 to 39 times	5	0.84%
F.	40 or more times	6	1.01%
TOTALS		595	100.00%
Q-48. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?			
A.	0 times	541	90.47%
B.	1 or 2 times	31	5.18%
C.	3 to 9 times	19	3.18%
D.	10 to 19 times	2	0.33%
E.	20 to 39 times	2	0.33%
F.	40 or more times	3	0.50%
TOTALS		598	100.00%
Q-49. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?			
A.	0 times	585	97.83%
B.	1 or 2 times	9	1.51%
C.	3 to 9 times	3	0.50%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.17%
F.	40 or more times	0	0.00%
TOTALS		598	100.00%
Q-50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?			
A.	0 times	517	87.04%
B.	1 or 2 times	35	5.89%
C.	3 to 9 times	22	3.70%
D.	10 to 19 times	13	2.19%
E.	20 to 39 times	2	0.34%
F.	40 or more times	5	0.84%
TOTALS		594	100.00%
Q-51. During your life, how many times have you used heroin (also called smack, junk, or China White)?			
A.	0 times	595	99.66%
B.	1 or 2 times	1	0.17%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		597	100.00%

Q-52. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?			
A.	0 times	592	99.00%
B.	1 or 2 times	4	0.67%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	1	0.17%
F.	40 or more times	0	0.00%
TOTALS		598	100.00%
Q-53. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	577	98.80%
B.	1 or 2 times	7	1.20%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		584	100.00%
Q-54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	587	98.66%
B.	1 or 2 times	6	1.01%
C.	3 to 9 times	2	0.34%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	0	0.00%
TOTALS		595	100.00%
Q-55. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	590	99.16%
B.	1 time	3	0.50%
C.	2 or more times	2	0.34%
TOTALS		595	100.00%
Q-56. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	97	16.47%
B.	No	492	83.53%
TOTALS		589	100.00%
Q-57. Have you ever had sexual intercourse?			
A.	Yes	71	11.97%
B.	No	522	88.03%
TOTALS		593	100.00%

Q-58. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	533	89.73%
B.	11 years old or younger	16	2.69%
C.	12 years old	9	1.52%
D.	13 years old	25	4.21%
E.	14 years old	11	1.85%
F.	15 years old	0	0.00%
G.	16 years old	0	0.00%
H.	17 years old or older	0	0.00%
TOTALS		594	100.00%

Q-59. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	529	89.21%
B.	1 person	33	5.56%
C.	2 people	15	2.53%
D.	3 people	6	1.01%
E.	4 people	7	1.18%
F.	5 people	0	0.00%
G.	6 or more people	3	0.51%
TOTALS		593	100.00%

Q-60. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	535	89.77%
B.	I have had sexual intercourse, but not during the past 3 months	32	5.37%
C.	1 person	23	3.86%
D.	2 people	6	1.01%
E.	3 people	0	0.00%
F.	4 people	0	0.00%
G.	5 people	0	0.00%
H.	6 or more people	0	0.00%
TOTALS		596	100.00%

Q-61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	512	86.20%
B.	Yes	17	2.86%
C.	No	65	10.94%
TOTALS		594	100.00%

Q-62. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	520	88.14%
B.	Yes	45	7.63%
C.	No	25	4.24%
TOTALS		590	100.00%

Q-63. How do you describe your weight?			
A.	Very underweight	25	4.22%
B.	Slightly underweight	78	13.15%
C.	About the right weight	290	48.90%
D.	Slightly overweight	170	28.67%
E.	Very overweight	30	5.06%
TOTALS		593	100.00%

Q-64. Which of the following are you trying to do about your weight?			
A.	Lose weight	300	50.68%
B.	Gain weight	59	9.97%
C.	Stay the same weight	104	17.57%
D.	I am not trying to do anything about my weight	129	21.79%
TOTALS		592	100.00%

Q-65. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	206	35.21%
B.	1 to 3 times during the past 7 days	211	36.07%
C.	4 to 6 times during the past 7 days	76	12.99%
D.	1 time per day	27	4.62%
E.	2 times per day	23	3.93%
F.	3 times per day	18	3.08%
G.	4 or more times per day	24	4.10%
TOTALS		585	100.00%

Q-66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	83	14.02%
B.	1 to 3 times during the past 7 days	205	34.63%
C.	4 to 6 times during the past 7 days	125	21.11%
D.	1 time per day	54	9.12%
E.	2 times per day	52	8.78%
F.	3 times per day	38	6.42%
G.	4 or more times per day	35	5.91%
TOTALS		592	100.00%

Q-67. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	227	38.28%
B.	1 to 3 times during the past 7 days	223	37.61%
C.	4 to 6 times during the past 7 days	68	11.47%
D.	1 time per day	44	7.42%
E.	2 times per day	13	2.19%
F.	3 times per day	10	1.69%
G.	4 or more times per day	8	1.35%
TOTALS		593	100.00%

Q-68. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	222	37.37%
B.	1 to 3 times during the past 7 days	284	47.81%
C.	4 to 6 times during the past 7 days	48	8.08%
D.	1 time per day	26	4.38%
E.	2 times per day	5	0.84%
F.	3 times per day	0	0.00%
G.	4 or more times per day	9	1.52%
TOTALS		594	100.00%

Q-69. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	304	51.53%
B.	1 to 3 times during the past 7 days	180	30.51%
C.	4 to 6 times during the past 7 days	61	10.34%
D.	1 time per day	13	2.20%
E.	2 times per day	9	1.53%
F.	3 times per day	12	2.03%
G.	4 or more times per day	11	1.86%
TOTALS		590	100.00%

Q-70. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	134	22.71%
B.	1 to 3 times during the past 7 days	219	37.12%
C.	4 to 6 times during the past 7 days	132	22.37%
D.	1 time per day	45	7.63%
E.	2 times per day	35	5.93%
F.	3 times per day	12	2.03%
G.	4 or more times per day	13	2.20%
TOTALS		590	100.00%

Q-71. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	140	23.89%
B.	1 to 3 times during the past 7 days	247	42.15%
C.	4 to 6 times during the past 7 days	97	16.55%
D.	1 time per day	39	6.66%
E.	2 times per day	37	6.31%
F.	3 times per day	12	2.05%
G.	4 or more times per day	14	2.39%
TOTALS		586	100.00%

Q-72. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	84	14.19%
B.	1 to 3 glasses during the past 7 days	166	28.04%
C.	4 to 6 glasses during the past 7 days	111	18.75%
D.	1 glass per day	65	10.98%
E.	2 glasses per day	77	13.01%
F.	3 glasses per day	45	7.60%
G.	4 or more glasses per day	44	7.43%
TOTALS		592	100.00%

Q-73. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	412	70.07%
B.	1 to 3 times during the past 7 days	122	20.75%
C.	4 to 6 times during the past 7 days	26	4.42%
D.	1 time per day	10	1.70%
E.	2 times per day	7	1.19%
F.	3 times per day	5	0.85%
G.	4 or more times per day	6	1.02%
TOTALS		588	100.00%

Q-74. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	65	11.04%
B.	1 day	48	8.15%
C.	2 days	48	8.15%
D.	3 days	50	8.49%
E.	4 days	58	9.85%
F.	5 days	57	9.68%
G.	6 days	37	6.28%
H.	7 days	226	38.37%
TOTALS		589	100.00%

Q-75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	66	11.22%
B.	1 day	45	7.65%
C.	2 days	79	13.44%
D.	3 days	59	10.03%
E.	4 days	83	14.12%
F.	5 days	74	12.59%
G.	6 days	46	7.82%
H.	7 days	136	23.13%
TOTALS		588	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-76. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	131	22.43%
B.	Less than 1 hour per day	117	20.03%
C.	1 hour per day	73	12.50%
D.	2 hours per day	118	20.21%
E.	3 hours per day	78	13.36%
F.	4 hours per day	21	3.60%
G.	5 or more hours per day	46	7.88%
TOTALS		584	100.00%

Q-77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	82	13.99%
B.	Less than 1 hour per day	89	15.19%
C.	1 hour per day	72	12.29%
D.	2 hours per day	81	13.82%
E.	3 hours per day	78	13.31%
F.	4 hours per day	58	9.90%
G.	5 or more hours per day	126	21.50%
TOTALS		586	100.00%

Q-78. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	74	12.71%
B.	1 day	19	3.26%
C.	2 days	210	36.08%
D.	3 days	128	21.99%
E.	4 days	49	8.42%
F.	5 days	102	17.53%
TOTALS		582	100.00%

Q-79. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	171	29.33%
B.	1 team	136	23.33%
C.	2 teams	114	19.55%
D.	3 or more teams	162	27.79%
TOTALS		583	100.00%

Q-80. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	482	82.53%
B.	1 time	61	10.45%
C.	2 times	23	3.94%
D.	3 times	7	1.20%
E.	4 or more times	11	1.88%
TOTALS		584	100.00%

Q-81. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	387	65.82%
B.	Between 12 and 24 months ago	68	11.56%
C.	More than 24 months ago	19	3.23%
D.	Never	5	0.85%
E.	Not sure	109	18.54%
TOTALS		588	100.00%
Q-82. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	113	19.32%
B.	No	407	69.57%
C.	Not sure	65	11.11%
TOTALS		585	100.00%
Q-83. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	43	7.35%
B.	5 hours	50	8.55%
C.	6 hours	92	15.73%
D.	7 hours	123	21.03%
E.	8 hours	152	25.98%
F.	9 hours	84	14.36%
G.	10 or more hours	41	7.01%
TOTALS		585	100.00%
Q-84. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	568	96.93%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	10	1.71%
C.	In a shelter or emergency housing	2	0.34%
D.	In a motel or hotel	2	0.34%
E.	In a car, park, campground, or other public place	0	0.00%
F.	I do not have a usual place to sleep	1	0.17%
G.	Somewhere else	3	0.51%
TOTALS		586	100.00%
Q-85. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	242	42.16%
B.	Mostly B's	186	32.40%
C.	Mostly C's	64	11.15%
D.	Mostly D's	18	3.14%
E.	Mostly F's	9	1.57%
F.	None of these grades	0	0.00%
G.	Not sure	55	9.58%
TOTALS		574	100.00%

Q-86. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

A.	0 times	562	96.23%
B.	1 or 2 times	15	2.57%
C.	3 to 9 times	6	1.03%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		584	100.00%

Q-87. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

A.	Yes	128	22.11%
B.	No	451	77.89%
TOTALS		579	100.00%